



FORM 230-3C	
Adopted	April 2005
Last Revised	June 2015
Review Date	June 2020

## REQUEST TO RESUME PARTICIPATION IN PHYSICAL EDUCATION/ATHLETICS

### (Non-Concussion Medical Illnesses/Injuries)

This form is to be completed by parent/guardians and returned to the principal/designate for any student who has missed a physical education class due to an injury or illness requiring professional medical attention (e.g. medical doctor, nurse practitioner, chiropractor, physiotherapist).

Name of Student: \_\_\_\_\_ Teacher: \_\_\_\_\_

As a result of my child's injury/illness ( \_\_\_\_\_ ), medical attention by a (check one):

- medical doctor
- nurse practitioner
- other medical specialist: \_\_\_\_\_

has been accessed with the following results (check appropriate box(es):

**Results of Medical Examination**

No limiting features of the injury/illness have been observed and therefore he/she may resume full participation in physical activity with no restrictions.  
 Some features of the injury/illness remain which limit the ability to participate without restrictions. My child may participate in physical activity following the accommodations to his/her physical activities listed below. (Accommodations must be provided prior to any physical activity taking place.)  
 A diagnosis that the injury/illness will prevent my son/daughter from participating in physical activity until further notice was received.  
 Refer to comments below and/or attached information.

Parent/Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_

Comments: \_\_\_\_\_  
 \_\_\_\_\_

***Note:*** This form is to be returned to the coach by any student/athlete who has missed a practice or game due to an injury or illness requiring professional medical attention.

**Please note:** Should your child sustain a concussion during the competitive season (within or outside of school hours), notify the coach and school. You will be required to complete *Form 322-2: Documentation of Medical Examination and Form 322-3: Documentation for a Diagnosed Concussion*. Forms will be provided by the school office.