

OC-5C	
Adopted	April 2005
Last Revised	May 2015
Review Date	May 2020

## KAYAKING SKILLS TEST

Student Name: _____ School: _____	Date	Teacher/Supervisor Initials
<b>As a prerequisite for open water kayaking the student must demonstrate basic competence to a kayak instructor in:</b>		
• launching a kayak		
• proper entry/exit from kayak		
• emptying the kayak (beach and dock)		
• T-rescue		
• wet exit		
<b>Manoeuvres using the following basic strokes:</b>		
• forward		
• backstroke		
• front sweep		
• backsweep		
• drawstroke		
• bracing		
• stopping		
<b>These manoeuvres must be done in a pool, shallow water or sheltered bay:</b>		
• water safety instruction		
• water hand signals		

**Note:**

- The teacher-supervisor, Principal or Superintendent may increase canoeing requirements depending on the nature of the trip planned.

Teacher/Supervisor Signature \_\_\_\_\_ Date: \_\_\_\_\_